

Paint your soul... Red



What counts in life is not the mere fact that we have lived. It is what difference we have made to the lives of others that will determine the significance of the life we lead.

Nelson Mandela

www.agoracubinternational.com

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Red is associated with a fiery heat and warmth

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Dear Friends

Reflecting back on the past 4 months, I realise how blessed and honoured I am. I have met incredibly beautiful, sincere and dynamic women, visited countries and places I have only dreamed about, being wined and dined, and treated to the best hotel accommodation. As friends we have laughed together, cried together, bonded, shared ideas and built friendships I will never ever forget.

The colour red has been really prominent in these past two months of travel. Italy, Malta Iceland and UK have red in their national flags. Red cherries, Red Wine, Red Ferrari's, Red Foot Guards and House Guards, all added to painting my soul in red! First stop Italy for the AGM on 10 May in the beautiful town of Modena, where I got up close and personal with Ferrari on the race track, attended a great AGM weekend filled with superb cuisine and fellowship, interacting with very lively ladies of AGORA Italy.



Next up Vicenza – how could I ever forget Palladio’s City, Red Cherries and Delicious Prosecco - the best in the world!! ‘Verona the romantic city of Romeo and Juliet was my next stop. Here I was treated to a night in the most romantic hotel in Romeo and Juliet’s courtyard, wow!!! Italy will be forever remembered for the beautiful cities , incredible architecture, history, delicious cuisine, laughter, fun and above all warm and sincere friendship.

The excitement on visiting Malta was tangible, with preparations and emails backwards and forwards, preparing for the charter of yet another AGORA country. AGORA Malta was proudly and warmly welcomed by Agora friends from 10 countries. What a fun, lively weekend we had as we partied up a storm on the Rooftop Disco, ran around the town of Mdina looking for clues for a treasure hunt, had a tour of the Island in an open top pink bus and then of course the elegant Gala Dinner. The weekend was further extended on a post tour to Gozo. Blue Skies, blue sea, scrumptious cuisine, wonderful hospitality once again created memories and cemented lasting friendships.

In the midst of this, planning for the next board meeting in the UK and getting all excited about the Installation of AGORA UK National board was taking place. So, just two weeks after landing back in SA from Malta, the bags were once again packed and off I flew!!! En Route to the UK, Kelly and I met up with Dagny in Iceland – the land of fire and ice. The stunning landscape, the wonder of the geysirs , the volcanic and geothermal energy, the pristine environment was just incredible. Iceland leaves one so energised and a morning spent in the Blue Lagoon was a real treat. Meeting the gorgeous ladies of AGORA Iceland was super and as a board we look forward to the installation of AGORA Iceland’s National Board.

Arriving in the UK was a first for me, and, given my heritage, was really special. How lucky we were that the Trouping of the Colours was that very weekend and we had absolutely close up views of the parades, and then to our excitement we saw the whole Royal family. The Ladies of Southend-On-Sea treated Kelly, Karin Nikkie, Veerle and I, to a weekend of superb hospitality, delicious home baked cakes, the famous Fish and Chips, a wonderful trip to London, lots of laughs and AGORA friendship. How proud we all were to attend the AGM, witness the Charter of Club 2 and Install the National Board.

A busy four months that started in Germany in February, and ended in Southend-On-Sea in the UK. I now look forward to the last leg of my year, planning the next trip and of course the AGM in October on African soil. Thank-you to each and every AGORA member . You are the glue that keeps this organisation alive. Without your energy, time and passion all the above would not be possible

Love Sandy



Beautiful days! Really beautiful days!

In just five days, Agorà Club Milan has succeeded in introducing Mirela and Monica, our friends from the States, to the authentic Italian lifestyle, so to speak.

Mirela and Monica were warmly hosted at Elena's.

Chiara acted as guide for our friends in Milan: the Basilica of Sant'Ambrogio, the church of Holy Mary of Grace, with its dome realized by Bramante. What's striking is that it houses the mural of the Last Supper by Leonardo da Vinci. Then it's a must to see the magnificent Cathedral of Milan, the square of the theater alla Scala, Sforza Castle, the Unicredit Tower (the tallest building in Italy), and the Lombardy building, the main seat of the government of Lombardy.

It's quite amazing to see all those wonders in a day!

The delightfully intense day in Milan was ended with a happy hour at Fiat Lounge Bar in Corso Como, a trendy area in Milan. Of course, in company of lovely members of Agorà Club Milan.



I, together with Sergio, took Mirela and Monica to Monza. Our friends were captured by the imposing Royal Palace with its gorgeous rose garden inaugurated by Grace Kelly in 1970.

What's more, they remained wordless in front of the splendor of the Cathedral of Monza with the fresco of Arcimboldi, its Museum and its Treasure, one of the most important treasures of Europe; but above all, they were fascinated by the Iron Crown supposed to be beaten out of a nail of the crucifixion.

they remained wordless in front of the splendor of the Cathedral of Monza

Then to the Arengario (the town hall). It was quite unbelievable what we saw: a banquet was awaiting us! No, sorry: it was just an artistic installation dedicated to "Food from prehistory to the present days".



At this moment, we realized it was time to dedicate ourselves to nature. Off we went to the hills of Montevicchia, where we enjoyed a breathtaking view of the Lombardy plain, and tasted exquisite local wine, and food.

To give a final touch to this splendid day, we took our friends to a small place where, unexpectedly, they found themselves in front of a unique beauty, the millenary Romanesque Church of Agliate.

In fact, wherever you go in Italy, you always find something worth contemplating.

Then Elena, together with Antonio, accompanied Mirela and Monica to Bellagio, whose beauty is unrivalled in this season.



They also dropped at Ghisallo, where there is a small church called "Madonna del Ghisallo" dedicated to cyclists, with a splendid view on Como Lake. Afterwards they took the ferryboat to Varenna, then to Lierna, where Mariangela along with Nancy prepared a delicious lunch outdoors for everybody.



At the end of these five days, we all feel happy for this experience.

I still hear the echo of our friends' sweet voice: "The Italian girls are so lovely!" :D

I still hear the echo of my own voice: "So are the Vietnamese girls!" :D

Heartfelt thanks to Mirela and Monica for having visited Agorà Club Milan, and to all the Members of Agorà Club Milan for the precious collaboration.

In friendship, **Ly thi Thanh Thao**

National Secretary – Agorà Club Italy (2014-2015)

Red

the single most dynamic and passionate color, symbolizes **love**, rage and courage.

Demanding attention, red has great **emotional** impact. Those who select red are aggressive, **impulsive** and strive for success. The desire to experience the fullness of living leads to constant activity.

“Mut zum Hut” = Dare to wear a hat

This was the motto of the national AGM of AC TC Germany held from May 9th – 11th 2014 in Bielefeld.

The German AGM is always an event of big HELLOS, as it is held together with Ladies' Circle Germany. So every participant meets friends from Ladies' Circle times and from all different Tangent clubs. Especially during the Welcome on Friday a lot of experiences, thoughts, ideas and chats are exchanged between the members of both organizations.

On Saturday morning after a very warm welcome by the mayor of Bielefeld each club had its own meeting. For those who preferred to spend the day outside an alternative program was organized. It was possible to chose between climbing, a sightseeing tour around Bielefeld and a guided tour in the museum of the famous pudding factory Dr. Oetker.

In the invitation for the gala the organizing circle asked everybody to create a hat and participate at a hat contest. The winner was awarded a travel voucher worth 300 euros. This contest gave proof of the amazing fantasy, which inspired the ladies and is typical for a circler all over the country. In the end the ladies of LC 10 Hamburg won. Each of the 6 ladies had chosen a fairy tale and decorated her hat with typical symbols of the story.

As usual time went by too quickly. So some participants used the Farewell for a last chat.

Everybody went home having made new friends and some went home with a new office. It will be exciting to see how they bring forward our organization this year.

Karen von Koschitzky

IRO AC TC Germany





Red is the warmest of all colours.

Red is the colour most chosen by extroverts and one of the top picks of males.

On the negative side red can mean temper or anger.

In China, red is the colour of prosperity and joy. Brides wear red and front doors are often painted red.

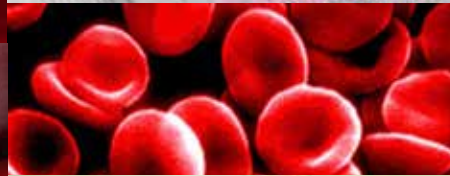
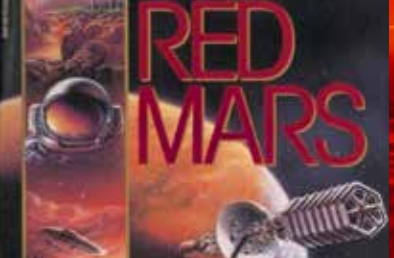
Red is Tuesday's colour.

Red roses symbolize passionate love.

Ruby rings should be worn on the left hand.

Red is the colour of Mars. This planet is known as the God of War.

Red is the colour of blood, and as such has strong symbolism as life and vitality. It brings focus to the essence of life and living with emphasis on survival.



ACI Board's Travels

The working year for you Agora ladies is over: there were the good-byes to the old Boards and the welcoming of the new ones on you National AGM's. I would have loved to joined you on all these fantastic meetings but I had to limit me to a few.

On the 24th of May I went with Veerle (our IPP) to Venlo , the Netherlands , a beautiful location near the river Maas.

All the ingredients for a perfect Agora day were present: a dynamic board , the review of a fruitful and joyful year, friendship and laughter and charity. The ladies of AC Venlo handed over a cheque to give unprivileged children the opportunity to participate in cultural events. The children treated us with a beautiful dance performance and during a delicious asparagus lunch we were able to catch up old friendships with the Dutch ladies.

The next AGM was in Aachen, Germany. It was the celebration of 60 years Round Table Germany. But to be honest; I felt a bit like an alien amongst all those young men ;-). But I had a lovely time and did some catching up with the ladies of LC Germany and AC/TC Germany 's president Ursula.

The ACI Board had a more than interesting weekend in the UK. The ladies of Southend-On-Sea spoiled us rotten. Their hospitality was heart-warming. We were treated like Royalty with fantastic meals and heavenly desserts (No calories counting No!) . They even took us to London to meet the Queen and her family Mid-June, the entire ACI board headed for the UK for our 4th board meeting and the AGM of AC UK. But this was more , much more than an AGM! Chartering a second club and installing a National!



In between, we have been working real hard for ACI so that, in the future, we can be even a better and more beautiful organisation

The Charter and the installation of the National Board UK took place in a unique location and the ladies served us their National dish: Fish and chips. A memorable evening and we wish the brand-new board of AC UK the best of luck.



The last AGM on my program was in Tongeren, Belgium, the home-town of our president Yvonne Houben. It was a colourful and emotional AGM. Our ACI IPP Veerle and the ACBelgium president Pascaline both had a little tremble in their voices ;-) and as Eva Follet of LCBelgium presented the ISP project "Children of the dump" we were all very moved.



We were treated by performances of the Clubs of outgoing president Yvonne en Incoming president Pascaline. Shew... Agora's got talent!

And the AC Belgium gave the incredible sum of 4500 euros for the ISP project! Thank you ladies.



And now ,next stop , Heia Safari in South Africa!!

Lots of love,
Karin

BAROMETER REACHES €76043 FOR CHARITY

WELL DONE AGORA together we have raised 69070 Euro to date for our local charities and 6973 Euro for Ladies Circle International's International Service Project – Children of the Dump, a total of 76043 Euro and counting!!!!

AGORA LEAVES OUR FOOTPRINT

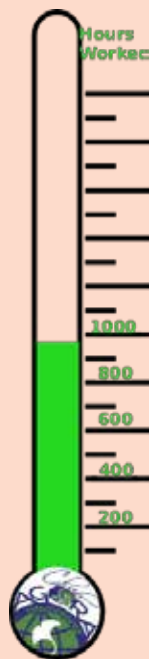
*Rice for the elderly *Santa shoe boxes *Angle Tree Project – Christmas gifts for the less fortunate *Donations for self adjusting glasses worldwide *Donations for homeless children *Donations for Children's Sports Clubs *Donations to an autistic child *Financial aid for terminally ill cancer patients *Financial aid for a home for pregnant teenagers *Time for Life International cash donations clothing medical aid for children of war-stricken Syria *Hospice House Of Hope Brasov *Making the wish of terminally ill children come true *Financial aid to nurses offering home care to terminally ill children *Financial aid to a group of elderly who take disabled people on outings *Financial aid to nurses taking care of patients of dementia and their families *Adult daycare center for the disabled *Food parcels for the underprivileged *Donations for special light for a sensory room for children with learning difficulties *Donations for Medical equipment *Donations for Domestic Abuse Project *60 boxes full of all sorts of clothes, shoes new and old, books, food, crockery and cutlery for the underprivileged *Financial aid and donations for the underprivileged *Nuns in Tanzania the population struck by the earthquake *A school destroyed by the flood of 18th November 2013 *Visiting Stroke Patients *Norman Pick Foundation *Visiting the elderly *Side by Side projects *Knitting projects



76043 Euro
raised so far:

69070 Euro
for local charity projects

6973 Euro
for children of the dump



968
hours
worked
so far



A bit more about

Children of the Dump



CHILDREN OF THE DUMP was founded in 2004 to change the lives of hundreds of children, living on the dumps of Stung Meanchy, Cambodia. With the help of funding, the NGO will help the local "Center for Children's Happiness" to provide these children with a home and decent meals, and offer them the chance to go to school and study. A new wing is planned in the CCH, aimed to provide supervised

independent living, preparing the children to make their way back into society. Please have a look at the AGORA website to see the presentation and find out more information www.agoraclubinternational.com

AGORA KNITS

The Knitting project has really taken off in South Africa, Norway and Iceland. Here are a few examples!!

The patterns are on the website. Please feel free to knit for your local hospitals or bring to South Africa , we have a HUGE need for them.



UK's CHARITY BLANKET

It all started when one of the girls mentioned she wanted to try knitting. Needless to say a number of others also said they would like to try. A few also mentioned they wanted to try their hand at crocheting. So it was decided to set aside one of the monthly meetings to this endeavour. I remembered at my senior school every year each class had to knit a blanket from 4" squares at Christmas to give to charity which we adopted as our challenge.

After scouring the internet and the local wool shop the patterns were obtained. Thankfully some of the group could also knit and a couple of others could crochet. So at our meeting 2 months ago we all had a go with varying degrees of success. Those of us that were keen took some wool home and begun knitting and crocheting in earnest. As you see from the picture 240 squares later and with thanks to Emma and Debbie who helped me sew them altogether we have our blanket. I would also like to say a special thank you to Naomi for supplying the cakes that kept us going as we sewed.

Now all we have to decide is how to give it to --charity, auction or raffle it and give the proceeds to charity!

Kind regards
Lesley

IT JUST TAKES A
SIMPLE SPLASH
OF COLOR TO
MAKE A
STATEMENT.
-727-

Wear a red accent piece when you want to present yourself as bold and dynamic. It can boost your confidence if you are attending a function or interview where you feel unsure of yourself.

Malta, May 15 – Hotel Valentina, St. Julians...

Hellos... hugs and kisses... excitement at seeing faces we saw 11 years before when LC Malta hosted the LCI AGM – renewed friendships fantastic feeling... and of course some new faces, new friends to cherish forever...

The weekend has started... name tags, pins and pink caps... PINK was to be an important element in our weekend... the pink caps we distributed helped keep the sun off, and was very useful to recognise the ladies and some very gracious gents during our outings!

PINK was also the colour of the open bus tour that took us round the south of Malta and Valletta on Friday which was enjoyed by all...

The home party at Josianne and Roger was as promised a home party with a difference... The windy evening did not stop us from dancing to some fantastic party music that sounds like music rather than a very loud heart beat!! Unfortunately, one of our guests Barbara from Germany, tripped in a step and ended up with a broken arm... we all felt so sorry for her...

Nonetheless Barbara continued to join in the activities that awaited us which brings us to the Saturday morning where she was actually part of the team 'patata' (potato in Maltese) that won the Treasure Hunt in Mdina. It was also Norway's National Day that day, so we celebrated this during our lunch on the terrace of Palazzo Depiro, today a beautiful establishment, formerly my boarding school!

In the background, there was still much to finish – preparation of the table plan, name places, music, ladies gifts, which were specially made by one of the ladies Edith, and pomp and ceremony.



The charter moment was with us... the Gala dinner was attended by 64 people from 10 different countries – gifts were given to us from the heart – we felt it... it was a magical evening...

Our dear President Sandy, our Godmother countries Italy and Iceland, represented by Letizia and Dagny and I signed the Agora certificate and proudly, we are now officially Maltese Agorians...

What can we say other than 'Thank you' to all of you that were with us for our Charter...

In friendship
Anna Tabone
President AC Malta



Agora Club South Africa National AGM

The day of the Agora Club South Africa National AGM was bright and sunny even though it is Autumn.

A very good meeting, ensued, with some lovely Ladies Circlers as guests.

The LCI Vice President, Chantess Wiggill, was one of the guests and she graciously lit the candle of friendship to open the meeting.

Also present was the National Vice President of Ladies Circle South Africa Peta – Lyn Foot.

After the meeting we took photos in the lovely garden at the venue and then had a very nice lunch together

Straight after the lunch back to business and we had an ACI AGM Oct 2014 meeting.

Lots of wonderful ideas and great enthusiasm.

So looking forward to seeing lots of ladies at the AGM in Johannesburg in October.

Fill in your registration forms - ladies we are so excited to greet you all in SOUTH AFRICA!!

Love
Nikkie Grewar



The annoying moment
when you come up
with a witty reply to
a conversation that
ended ten minutes ago.

Never ever.. do anything Crazy ALONE.

(not if you can get your friends to do it with you)





ITALY

MALTA



MALTA



ICELAND



ICELAND











PROGRAM



THE ACI AGM IN SOUTH AFRICA IS FAST APPROACHING

REGISTRATIONS ARE OPEN AND COMING IN FAST! YAY!!!!

THURSDAY, 9 OCTOBER

Meet and Greet
at Gautrain Sandton
Trip to Elephant Sanctuary
and Craft Market
www.elephantsanctuary.co.za



Heia Safaris
African sunset and relaxing



FRIDAY, 10 OCTOBER

Meet and Greet
at Gautrain Sandton
COUNCILORS
Rhino and Lion Park
Morning Tour



NON-COUNCILORS
Rhino and Lion Park
Afternoon Tour



WELCOME PARTY
African Style!

SATURDAY, 11 OCTOBER

AGM

PARTNERS
Soweto Tour



Afternoon
Lesedi Cultural Village Tour
www.agoda.com/SouthAfrica

GALA DINNER
Masked Dinner
Celebrating Africa's BIG FIVE



SUNDAY, 12 October

Champagne Breakfast
and Farewell

KINDNESS

Pass it on.



thebeautifulmessinside.com

Dates to Diarise

27-31 AUGUST 2014

LCI AGM Lithuania
Vilnius

10-12 OCTOBER 2014

ACI AGM South-Africa
Heia Safari

We are born not only
needing to receive
Love and Nurturing,
but to return it as
well.

-z2z-



Each friend represents a
world in us, a world not
born until they arrive, and
it is only by this meeting
that a new world is born.

-Anais Nin

Put some red in your life
when you want:

- increased enthusiasm
and interest
- more energy
- action and confidence to
go after your dreams
- protection from fears
and anxieties

Red gemstones can
be used to strengthen
the body, promote will
power and courage, add
vitality, overcome sexual
dysfunctions. Carry or
place red gemstones
around your home
or office to stimulate
vitality and energy.



That's all Folks!